



# DEFENSIVE DRIVING (DDC)

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## Course Format – 1 Day

The Canada Safety Council's **Defensive Driving Course** has been designed to help participants become a better and safer driver through a 1-day in-class session. In this course, participants will have the opportunity to learn what is involved in driving defensively, why and how various types of motor vehicle collisions occur, and what it takes to prevent them. Maximum number of participants per session – 20.

## Course Objectives

The need for better, safe drivers is acute. Every day 11 people die in vehicle collisions and in one year, nearly 2950 people are killed in traffic collisions. This need is even more dramatic when you consider that 85% of traffic collisions are preventable by the driver. At the conclusion of the course, students will be able to apply the methods of defensive driving and understand the benefits of consistently applying the techniques to prevent collisions. The overall goal of the course is to create an awareness of tactics that can be reasonably used to prevent collisions in spite of the actions of others and the conditions drivers encounter.

Defensive driving represents an approach to the driving task, which can lessen your chances of being involved in a motor vehicle collision. The critical factor, which will determine the success of this approach, is the participant's own willingness and readiness at all times to apply the techniques and practices learned on this course.

We encourage everyone to share what they learn in this course with family members, neighbors and co-workers. This will increase the effectiveness of the course in dealing with traffic collision problems everywhere.

## Course Outline

- Defensive driving: principles and foundations
- Avoiding collisions with the driver ahead/the driver behind
- Avoiding collisions while passing/while being passed/with the oncoming car
- Avoiding collisions at intersections
- Single vehicle crashes
- Avoiding other types of collisions



## FOR MORE INFORMATION:

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