

## ALL TERRAIN VEHICLE (ATV)

## Course Format – 1 Day

A one-day comprehensive training program designed for both new and experienced ATV operators. Knowledge and skill training in ATV safe operation is provided to candidates through a format of classroom instructions and practical performance exercises. 90% of the course is conducted on the machines. Maximum number of participants per session – 8.

## **Course Objectives**

Participants are taught proper procedures to be taken under different circumstances and how to safely operate an ATV. All parts of the course are given with explicit instructions and procedure monitoring.

Practical exercises will be completed on-site utilizing students' ATVs. Clients will be responsible for providing an ATV, helmet and appropriate attire for each participant as well as a training area at least 50m x 150m, with some hills/mounds. Appropriate attire includes: approved helmet, safety eyewear, safety boots, long pants and long sleeve shirt. Gloves should be worn.

## **Course Outline**

- Pre-ride Inspection Range signals, rules Warming up exercises Machine controls
- Proper starting and stopping the ATV Starting out and gear shifting Proper mounting and dismounting Proper riding strategies
- 3) Proper methods of turning

- 5) Making U turns
  Turning on slopes
  K turns
  Traversing hills
- 6) Emergency decisions
- 7) Trail Ride

