

FALL ARREST

Course Format – ½ Day

The course format will be lecture style, allowing students to give feedback and participate. Proper use and inspection of harnesses and equipment will be shown to the students. Maximum number of participants per session – 15.

Course Objectives

The goal of this course is to ensure students:

- Know why it is important to have a fall protection procedure in place.
- What the key components are of a fall protection system.
- What the procedures are for the inspection, storage and maintenance of the fall protection equipment.
- The general method of using fall protection equipment.
- Applying the knowledge in the field.

Who Should Attend?

OH&S Committee Members; OH&S Representatives; OH&S Professionals; OH&S Supervisors and Foremen; Workers (roofers, window washers, construction workers).

Course Outline

Module 1: General Introduction

Module 2: Requirements Under the Regulations

Module 3: Fall Clearances and Distances

Module 4: General Usage of Equipment

• Full Body Harness and Lanyards

• Hardware and Connecting Devices

Anchor Points

Module 5: Inspection, Storage and Maintenance

Module 6: Other Controls

Module 7: Application of Equipment

Roofing

Ladders

Scissor/Man Lifts

Module 8: Responsibilities and Program Development